



BREAKFAST

A healthy and tropical cold breakfast buffet selection, with a choice of your favourite fresh juices, freshly baked breads and pastries, sliced meats and cheese, salads and daily changing items. Please feel free to start with a complimentary glass or two of bubbles. For more timely service, we recommend ordering your a la carte hot dish prior to enjoying the buffet.

LA CARTE

WELLNESS YOUR WAY

Egg white omelet - three egg white omelet with herbs, spring onion, asparagus, goats' cheese
[Vegetarian, dairy free, gluten free, low lectin](#)

Almond keto rolls, scrambled eggs, smoked salmon, avocado mayonnaise
[Keto, gluten free, paleo, low lectin, seafood, contains nuts](#)

Keto benedict - grilled sweet potato, ham, fresh spinach, hollandaise
[Gluten free, low lectin, keto, pork](#)

Turmeric scrambled eggs, Maldivian kopi fai greens, smoked tuna
[Gluten free, keto, low lectin, seafood, dairy free option available](#)

Cassava pancakes, berry compote, honey
[Gluten free, vegetarian, vegan option available](#)

Porridge

EGGS

Full Amilla - poached egg on sourdough toast, avocado, pork sausage, Sautéed mushroom, bacon, rocket
[Pork – Halal option available](#)

Eggs benedict with ham or smoked salmon, poached egg, house hollandaise
[Seafood, pork – Halal option available](#)

Omelette made with your choice of:

Tomato	Onion	Cheese	Mushroom
Pork ham	Turkey bacon	Chili Bell pepper	

Fried, poached or soft boiled

Eggs cooked to your liking accompaniments available on the buffet



MORNING SWEETS

Crepes with confit berries or Nutella

Contains nuts

Belgian **waffle** with mango, palm sugar, whipped cream

French toast with cinnamon

Pancakes with cinnamon butter

FRESH FRUIT AND VEGETABLE JUICE

Apple	Watermelon	Lychee	Mango
Papaya	Pineapple	Grapefruit	Orange
Beetroot	Carrot Celery	Tomato	Spirulina
Lemon	Cucumber	Wheatgrass powder	

SMOOTHIES

Mixed berries	Banana	Strawberry
Spirulina smoothie	Mango	Pineapple detox

Mixed berries, yoghurt, orange juice, spirulina, blended with ice

Pineapple and spirulina, finished with coconut milk

VITTORIA COFFEE

Espresso	Ristretto
Espresso Double	Flat white
Cappuccino	Macchiato
Americano	Caffelatte

TEA

English breakfast	Earl grey	Masala chai	Apple-teani
Healing garden	Chamomile	Peppermint	Osmanthus oolong
Peace of mind	Blissful berries	Jasmine pearls	
Yunnan silver tips	Ever-green tea		