

MASSAGES Relaxing Massages

Balinese Massage

A unique combination of Balinese techniques, acupressure and muscle manipulation in a harmony of movement for the entire body.

Duration: 45minutes 60 minutes Couple (60min)

Price : US\$ 60/- US\$ 79/- US\$125/-

Swedish Massage

A massage done with the aid of oils, incorporating long, smooth, slow strokes, creating a very relaxing experience.

Duration: 45minutes 60 minutes Couple (60min)

Price : US\$ 60/- US\$ 79/- US\$125/-

Pregnancy Massage

Expert techniques are used to alleviate discomfort during pregnancy. Learn safe massage techniques to ensure a comfortable pregnancy and an easy delivery.

Duration : 60 min Price : US\$ 85

Aromatherapy Massage

A gentle massage created to soothe and revitalize the mind and body, using a blend of aromatherapy and essential oils.

Duration: 45minutes 60 minutes Couple (60min)

Price : US\$ 60/- US\$ 79/- US\$125/-

Indian Head Massage

A wonderful Massage for your head, neck, shoulders, arms and upper back. This will stimulate the blood circulation to your scalp, nourishing it and improving hair growth. This treatment is also effective in relieving headaches.

Duration : 30 min Price : US\$ 45

Stress Free Back Massage

Feel the tension in your shoulders, neck and lower back melt away with this relaxing Massage, where the areas of focus will be customized according to your needs.

Duration : 30 minutes
Price : US\$ 45

4 Hands Massage

Two therapists working in unison to give you a deeply relaxing, sensual massage.

Duration : 60 min Price : US\$ 95

Holistic Massages

Shiatsu Massage

This massage uses pressure, rubbing, stroking and other techniques to stimulate the muscles and circulatory system of the body. By influencing the body's natural inner energies, it helps ward off illnesses and maintain good health.

Duration : 90 min Price : US\$ 95







Foot and Hand Reflexology

Massage and application of pressure to the reflex points found on the soles of feet your and palms of your hands which act as small mirrors reflecting the entire organism.

Duration : 60 min Price : US\$ 79

Warm Stone Massage

This treatment uses Basalt stones on the body to change the body's response and promote healing, this treatment aids in detoxification by increasing the blood flow.

Duration : 90 min Price : US\$ 95

BODY TREATMENTS

Scrubs

Aloe Vera Scrub

A natural healing ingredient, aloe vera is known for its hydrating and soothing effects which are ideal for sensitive skin. It leaves your skin feeling refreshed and clean.

Duration : 30 min Price : US\$ 49

Milk Scrub

An excellent conditioning and hydrating scrub. Especially beneficial for those who work and sleep in air-conditioned rooms, it will leave your skin soft and silky. Highly recommended as a pre - wedding must-do for brides to be.

Duration : 30 min Price : US\$ 49

Coconut Scrub

This treatment uses the natural moisturizing properties of coconut to re-hydrate dry skin from exposure to sun and salt water. It leaves your skin soft, nourished and silky smooth.

Duration : 30 min Price : US\$ 49

Sandalwood Scrub

A mixture of sandalwood and oil is applied on the body, and peeled off, leaving a layer of smooth, glowing skin.

Duration : 30 min Price : US\$ 45

TRADITIONAL BODY WRAPS

Dead Sea Mud Wrap

Used for centuries to cleanse the body, this treatment is ideal for Arthritis and other skeletal problems, this wrap also soothes skin disorders such as Eczema and Ppsoriasis.

Duration : 40 min Price : US\$ 65

Seaweed Wrap

Rich in deep sea minerals, oligo elements and iodine, this treatment draws out impurities and toxins through the skin, cleansing you from deep within. Seaweed is also very soothing for skin disorders.

Duration : 30 minutes
Price : US\$ 60/-

MANICURES & PEDICURES

Spa Manicure

A combination of hand spa & manicure which includes nail cuticle care, exfoliation, massage, paraffin mask and colouring.

Duration : 90 min Price : US\$ 75

Spa Pedicure

A soothing, nourishing treatment for dry, tired feet which includes nail and cuticle care, exfoliation, massage, seaweed mask and colouring.

Duration : 90 min Price : US\$ 75

FACIALS

Aroma Facial

Retreat into the arms of mother nature to experience the healing powers of reflexology coupled with a scalp massage using the purest essential oils. No machines are used in this treatment which relies on the healing touch of the therapist alone.

Duration : 60 min Price : US\$ 75

Collagen Facial

A special treatment to fortify your precious skin with collagen, which is a vital protein in skin tissue. Choose from four masks the one best suited to smother your skin with rich nourishment and well deserved indulgence.

Duration : 90 min Price : US\$ 95

Botanical Hair Spa

This treatment is customized to meet your individual hair and scalp needs. Fresh seasonal ingredients such as Carrot & Avocado, along with Essential Oils are massaged into the scalp for hair nourishing and strengthening, while relieving headaches, migraines and mild insomnia.

Duration : 60 min Price : US\$ 95

AZMAARA PACKAGES

Azmaara Rendezvous (Couple)

Together you are welcomed to the Azmaara Spa, a private sanctuary to share with your loved one. Bask in a blissful Jacuzzi bath which is a perfect start to this sensational treatment for both you and your loved one ,which is then followed with a Balinese massage and a luxuriating body scrub and is concluded with botanical hair spa treatment to restore freshness of mind, body and soul.

* Choice of Body Scrub30mins, Balinese Massage60mins, Botanical hair Spa30mins

Duration : 120mins

Price : US\$195 per couple

Azmaara Feelings

This treatment begins with a foot soak and an invigorating Balinese massage and then finished with a creamy scrub which will unwind your days stresses and leave your skin smooth and nourished.

*Balinese Massage 60mins & Choice of Scrub30mins

Duration : 90mins

Price : USD\$ 110 per single : USD\$ 155 per couple

Azmaara Diver's Desire

A special treat for divers, this treatment uses the natural and effective moisturizing properties of coconut to re-hydrate your skin which has been exposed to the sun and salt water. Emerge with skin that is nourished, soft and silky smooth. This is followed by a Swedish massage to knead your muscles and relieve tension and stress.

*Coconut scrub 30mins, Botanical hair spa 60mins, Swedish Massage 60mins

Duration: 150 min

Price : USD 222 per single Price : USD 380 per couple

Azmaara Fantasy (Five Day Package)

Enjoy your special blend of treatments, selected and combined to create pure bliss. Your choice includes body massages, Scrubs & Wraps a foot spa, Indian head massage, full body massage, scrub, wrap or facial. Conclude this wonderful interlude with a full body massage before your departure.

Couples - Two therapists will perform treatments simultaneously on you and your partner, so you can share and enjoy the experience!

Duration: 300 min

Price: USD 300 per single Price: USD 500 per couple

Azmagra For Remedial

The ultimate individual tailor made remedial massages that stimulates circulation improves skin & muscle tone whilst soothing tense & tired muscles. This Package includes an amazing stress free back massage, energizer foot massage and finished with relieving and revitalizing head & face massage.

*Back Neck & Shoulder Massage30mins, Foot Massage 30mins, Indian Head Massage30mins

Duration : 90mins

Price : USD\$ 105 per single Price : USD\$ 150 per couple

Azmaara For Her



Bathe yourself in a holistic seaweed wrap. Rich in minerals and Oligo elements to cleanse, exfoliate and stimulate skin cell respiration. Then relax with a Swedish massage and conclude with Mini Facial treatment to restores radiance and vitality.

*Seaweed Wrap30, Botanical Hair Spa30, Swedish Massage50, Mini Facial30

Duration : 140mins Price : US\$140

Azmaara For Him



This vitalizing ritual designed specifically for men begins with a body cleansing and invigorating Balinese Massage focused on muscular tension and is concluded with a mental tension free Indian head massage.

*Body Scrub 30mins, Balinese Massage60mins, Indian Head Massage15mins

Duration : 105mins Price : US\$125

* Azmaara for Her & Him : US\$185 Per Couple

Azmaara Spa Management Company (PVT) LTD

SPA ETIQUETTE

Welcome to the Azmaara Spa at Chaaya Reef Ellaidhoo, Maldives. We are pleased to offer the ultimate spa experience during your stay with us.

OPENING HOURS

10:00am - 08:00pm everyday

APPOINTMENTS AND RESERVATIONS

We recommend that you schedule spa appointments in advance to avoid disappointment.

CANCELLATION

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 12 hours in advance

ARRIVAL

We suggest that you arrive 10 minutes before your appointment time to have refreshments & fill out a health form.

LATE SHOW

As a courtesy to following clients, late arrivals will only receive the remaining available appointment time and will be charged the full service fee.

WHAT SHOULD YOU WEAR?

We will provide a bathrobe, slippers and disposable underwear for your comfort. However our spa therapists are trained to drape a sheet or towel over your body in a discrete manner, assuring your privacy at all times.

VALUABLES

The spa is not responsible for damage or loss of your personal belongings. We recommend that you do not bring valuables to the spa.

THANK YOU AND WE LOOK FORWARD TO YOUR VISIT!

www.azmaaraspa.com

Azmaara Spa Management Co. (Pvt) Ltd, Chaaya Reef Ellaidhoo North Male' Atoll, Republic of Maldives T -+960 666 0669 Ext 726 E: mkt@azmaaraspa.com